

## Booking an Online Consultation

An online booking portal has been established through the 'Breathe Medical' website, which can be accessed via;

<https://www.breathemedical.co.uk/booking>

You will note that the website is encrypted with an SSL Certificate for your protection, which shows as a padlock and **https:** (rather than simply **http:**) in the address bar at the top.



### The Booking System - Instructions

1. Please select the desired 'service' from the drop-down menu.
2. You will then be taken to a calendar, where you can choose a date and time slot at your convenience.
3. Payment can be made through a variety of channels including *Visa, Mastercard, PayPal, and Stripe*. Please choose your preferred payment method. For more information on the extra security of the payment gateways please feel free to read further about our security [here](#).
4. Once registered your booking information will remain pending until confirmed by email.
5. Once confirmed, a Zoom link will be included with your email, please click this link at your appointment time to log in to the call.



### Adding the Booking to your Diary/ Calendar – several options.

- You can simply write it down in your diary/ calendar.
- The email confirmation will have an attachment (\*.ics file) which can be opened to save the appointment time in your desktop calendar.
- The confirmation message will have an attachment, you can choose your calendar type (*Apple (iCal), Google Calendar, Microsoft Outlook* etc...) and then this can be opened to save the appointment time in your desktop calendar or phone.



### Fees

Dependant upon the service chosen/ time required.

Cancellation policy – see booking page for details.

### Pre-appointment Preparation

You may wish to prefill your assessment information forms and send them prior to your consultation. So that we can really focus on your key issues during the consultation. These forms will be made available several days prior to your consultation.

Returning Assessment forms to [info@BreatheMedical.co.uk](mailto:info@BreatheMedical.co.uk)

- Type up the forms and email them back or...
- Print and fill out then send scans or photos through to the email address or...
- We can go through them at the consultation appointment.

### Online Consultation – what happens on the day?

The online consultation occurs using the **Zoom** online platform. This system has a good track-record regarding privacy and security due to its advanced encryption.



### How do I connect to the Zoom system?

You will be sent a login '**link**' within your appointment confirmation email. Please click on this at your allotted appointment time.

**Recommendation:** If you do not already have the Zoom software on your computer (or Zoom App on your phone). It is strongly recommended that you download the Zoom software onto your computer (or phone) well before your consultation. Installing the system does not take up much memory space however it requires permission to install and can take a little time to complete and may require a computer restart.

The latest version should be available at the following [link](#) where you can choose '**Zoom Client for Meetings**'.

<https://zoom.us/download>

If you require further information, it can be found on the Breathe Medical website.

<https://www.breathemedical.co.uk/>

### Free Online Sleep Tests

Several industry standard tests have been coded into the Breathe Medical website. Please feel free to take one or both tests, the results and feedback are provided immediately, the results are for you.

- [Epworth Sleepiness Scale](#)
- [STOP BANG Test](#)

If you have any issues booking an appointment or any other issues, please let us know by leaving a message on **07719 645 322** or email via [info@BreatheMedical.co.uk](mailto:info@BreatheMedical.co.uk).

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